



IMPROVleadership™

INTRODUCTORY COACHING QUESTIONS

- When you were a child, for what did you receive applause?
- What was the most important year of your education, from first grade through high school graduation? Why?
- Describe your spiritual life or environment when you were a child or teenager.
- Does your spouse think you are in the “sweet-spot” of your career?
- What do you believe others believe about you?
 - What does your spouse believe ...
 - What does your church believe ...
 - What does your church staff believe ...
- What seems to be a pattern that you repeat?
- Comparing yourself to others, which is normally not a good thing to do, you will likely be better than any of them at what? Go ahead and brag.
- What energizes you?
- What drains you?
- Have you made any giant mistakes related to your job, within the past two years? Explain.
- Is there anything in your current job that makes you think, “I realize I am not good at this and I actually have no desire to get better at it?”
- Would your staff say they enjoy the meetings you lead?
- If you wake up tomorrow morning and your life is all of a sudden wonderful, what changed?
- Who is your best friend? What does that friendship bring to your life?

SLINGSHOT COACHING QUESTIONS

- Who has been the most important person in your life?
- What is the happiest moment of your life?
- Are there any funny stories your family tells about you?
- What are you proudest of?
- When have you felt most alone in life?
- How has your life been different than what you imagined?
- Given the choice of anyone in the world, whom would you want as a dinner guest?
- Describe your perfect day.
- If you could change anything about the way you were raised, what would it be?
- If you could wake up tomorrow having gained one quality or ability, what would it be?
- What is your most treasured memory?
- What is the most embarrassing moment of your life?
- When did you last cry in front of another person? By yourself?
- What is your legacy?
- What would you try if you could not fail?
- What keeps you up at night?
- What story is holding you back?
- Where are you falling behind?
- What would you do if you had unlimited resources?

